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Palpung Yeshe Chökhor Under the direction of 12th Tai Situ Rinpoche

Retreat with Yongey Mingyur Rinpoche

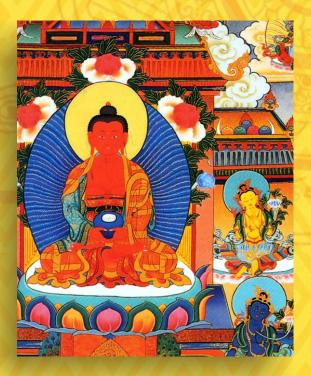
JOY OF LIVING

Unlocking the Secret & Science of Happiness Living Arts Center, Mississauga

Yongey Mingyur Rinpoche, renowned Buddhist teacher, practitioner and author connects the principles of Tibetan Buddhism, neuroscience and quantum physics in a way that will influence our understanding of the human experience. Through meditation we discover how to transform obstacles into opportunities, to become aware of our true nature.



Amitabha and Land of bliss Mahamudra approach



Public talk: Joy of Living / Book Signing Friday July 13, 7pm \$20

Amitabha and the Land of Bliss Mahamudra approach July 14-16, 8am-5:40pm \$80 per day

Amitabha Empowerment July 14,4pm \$30 (Empowerment only)

Participate in the entire program for \$260 Registration is required. Please mail or email

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